



2024 UA RISE – Coach Jeff Laidig
Practice Schedule

(*Hope is minor changes, if any)

- March 20/Sunday: 5:00 p.m. to 7:00 p.m. (Montgomery Bell Academy)
 - March 22/Tuesday 7:00 p.m. to 8:30 p..m. (TOA)
**Repeating Tuesdays (TOA), as above, through end of May
 - March 23/Wednesday 6:45 p.m. to 8:30 p.m. (Montgomery Bell Academy)
Repeating Wednesdays (MBA) - **Time: TBA, through the end of May
- **June/July practices - TBA**

